

## *How to achieve metanoia*

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*“Treat people as if they were what they ought to be and you help them to become what they are capable of being.”*

-J. Van Goethe-



# *The Disciplines*

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- ★ **Personal Mastery**: *It is constant prioritizing and continuous reality check.*
- ★ **Mental Models**: *They determine not only how we make sense of the world but also how we take action.*
- ★ **Building Share Vision**: *It is a common picture of the future we seek to create. It is a common aspiration.*
- ★ **Team Learning**: *In essence is creating dyad-logos, where we learn together and achieve togetherness.*
- ★ **System Thinking**: *System thinking is a methodology to achieve a higher level of thinking that enables individuals to behave as leaders.*





# *Discipline Vs. Disability*

*(The laws of the Fifth Discipline)*



★ **Adverse Childhood Experiences:**

*Today's problems come from yesterday solutions.*

★ **Conspiracy Theory:**

*The harder you push the harder they push back.*

★ **Growing Pains:**

*Behavior grows better before it grows worse.*

★ **The Way We Were:**

*The easy way out leads back in*

★ **Road to Perdition:**

*The cure is worst than the disease.*

★ **Back to the Future:**

*Faster is slower*

★ **Dharma and Karma:**

*The cause is neither evident nor recent.*

★ **Think globally act locally:**

*Small changes big results*

★ **Delayed gratification:**

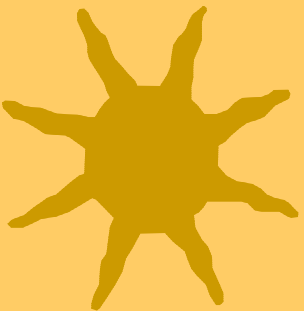
*Change happens "over time"*

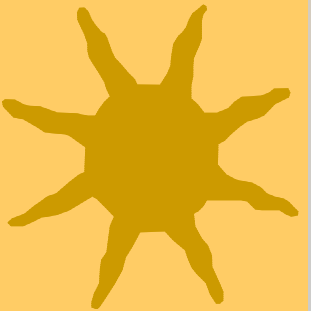
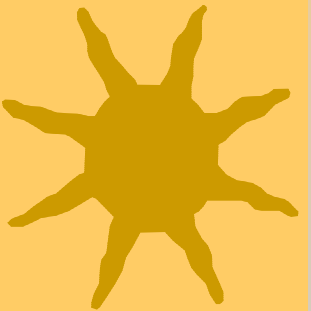
★ **Gestalt Leadership:**

*Components and dynamics*

★ **Attributional Bias:**

*Take the blame*





*Want to learn more?*

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To learn how to apply the principles of system thinking to achieve metanoia and avoid thinking disability please contact as at:

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